



DISTRICT 5130 HARMONIC HAPPENINGS

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DISTRICT 5130 - MAKING MENTAL HEALTH A PRIORITY

Greetings, all. Even though Mental Health Awareness Month was in May, I wanted to wait until our last 2025-26 newsletter to report on the amazing work you did all year long, in both addressing mental health issues in your communities and showing compassion and kindness to each other in general. It has been my true honor to serve as your DG, and the friendships and connections I have made with you will never be forgotten. And look at all the beautiful and rockin' music we made together, as demonstrated by the year-end Walk Up Song Playlist. I will keep these songs in a special place in my heart and think back on all the remarkable work you did under the leadership of your Presidents + AGs, as we lived up to the #UniteforGood theme and spread the Rotary message throughout the world.

The following Clubs participated in the DG Special Mental Health Grant (have filled out the final report on the grants page), and they received a total \$12,711.58 in grant money to date.

Participating Club/ Project Description

Rancho Cotati, NAMI walks
 Santa Rosa East West, NAMI walks
 Southwest Eureka, Veteran's Mental Health (Nation's Finest)
 Old Town Eureka, Veteran's Mental Health (Nation's Finest)
 Russian River, First Responders Resiliency Inc.
 Santa Rosa Sunrise, Soul Yoga Foundation - teacher training
 Valley of the Moon, Soul Yoga Foundation - teacher training
 Santa Rosa, Soul Yoga Foundation - teacher training
 Arcata Sunrise, Out of Darkness Walk
 Mendocino, Care Response Unit/Presbyterian Church - special holiday meals
 Cloverdale, Connection is Prevention (SoCo Suicide Prevention Alliance)
 Kelseyville Sunrise, Conversations with Seniors
 Petaluma, SAFE Counseling for PPSC
 Petaluma Valley, Teen Suicide Prevention with Buckelew
 Fortuna, Fortuna HS Wellness Center
 Fortuna Sunrise, Fortuna HS Wellness Center
 Willits, Jail Grant Garden

I hope to see some of you in Taipei, and if not, you'll know to look for that little green MINI Cooper with the "District Governor on Board" bumper sticker in your town when you least expect it. I can't wait to visit you again with my family, and continue to enjoy the charming, quirky and ever beautiful Rotary District 5130 and the People of Action who reside within it.

In peace and gratitude, - DG Kristine



We have exciting news for the 'Down to Earth' column from the district environment committee leadership. In 2022, under the leadership of Norm Fujita with the Rotary Club of Healdsburg noon, a working relationship began with Rotary, the Russian Riverkeepers, and the highly invasive Arundo Donax. The club used their district grant money to purchase supplies for RR to help in their efforts to remove Arundo Donax. They did their first work day on November 5, 2022. Fast forward a bit when Norm began collaborating with the Windsor club and the district environmental committee. We have since collaborated on many work days to remove this highly problematic plant. The exciting news is that we have gotten the attention of the editor of the Rotary magazine so our next work day on June 13th will be covered by a reporter from the magazine. You are welcome to join our work day. We can have a total of 40 volunteers. Information and registration here:

<https://russianriverkeeper.org/events/rotarybadgerpark/>

On another note. . . I needed to cut back on many of my Rotary responsibilities the past several months. I am back in action. We will have our first district environmental meeting on Wednesday June 17th at 6pm, just before Salvador's international meeting. Look forward to seeing you then.

Barbara McChesney

MEMBERSHIP MINUTE

5130 Clubs! Be on the lookout for "You Belong Here" ("YBH") leads being distributed to clubs for follow-up! These are part of a new social media initiative created by three Districts in the Bay Area, and 5130 is a side-beneficiary of many of the leads. In the YBH program, short videos extolling the benefits of Rotary are pushed out to specific demographics of Google, Facebook, Instagram and YouTube users. Interested people are invited to click on a "I'd like more information about Rotary" button, complete a brief information sheet with contact information, location, areas of interests and volunteer experience which then goes to program monitors who forward the information to the prospect's geographical District. The three participating Districts have received over 650 responses in two months; while 5130 is evaluating joining the program, we've already received 41 of these leads which have been forwarded to local clubs.

Why are these exceptional leads to follow up on? Because they are from people who have proactively asked for information about Rotary clubs in their community and included their volunteer experience and areas of interest for service.

What should clubs do to prepare for these leads? YBH is a very effective marketing tool, however Rotary clubs need to be the "closers". Identify one or two dedicated Membership Committee people in your club who will field these leads, contact the prospects, engage with them about Rotary and invite them to a service project or a meeting. This can be a real gamechanger for your club's membership efforts!

Paul O'Rear
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Hi all, Do you know of any members who would like to join the 2026 SF Pride Parade?

March, Walk or Roll with Rotary in the 2026 SF Pride Parade on Sunday, June 28th. Our District 5150 Pride Parade Planning Committee is already hard at work finalizing the logistics for our contingent, coordinating crowd interaction roles, and organizing a fantastic post-parade celebration on a San Francisco rooftop deck (featuring a social gathering and a special screening of Red, White and Royal Blue!). Will you please share this information with your clubs and invite your members to join us? Full details and registration can be found here: [👉 Rotary District 5150 SF Pride Event Page](#)

YuHui Chen District Governor 2026-2027 Rotary District 5150



DG Mix Tape 2025-2026



- Into Action**
Tim Armstrong
- Stand**
Rascal Flatts
- I Gotta Feeling**
Black Eyed Peas
- Stand By Me**
Ben E. King
- What a Wonderful World**
Louis Armstrong
- Yes We Can, Can (feat....)**
Maria Muldaur
- Rise**
Herb Alpert
- Respect**
Aretha Franklin
- Good Good Father**
Chris Tomlin
- Harder Better Faster Str...**
Daft Punk
- In the Mood**
Glenn Miller and His Orche...
- Fireball (feat. John Ryan)**

- I Got You Babe**
Sonny & Cher
- Count on Me**
Bruno Mars
- With a Little Help From...**
The Beatles
- Dancing Queen**
ABBA
- Dance to the Music**
Sly & The Family Stone
- Love Train**
The O'Jays
- Give a Little Bit**
Supertramp
- Don't Stop Me Now**
Queen
- Harmony**
Elton John
- Pink Houses**
John Cougar Mellencamp
- I'm Still Standing (Rema...**
Elton John

- Heart (from Damn Yank...**
Jimmie Komack, Russ Bro...
- Dream On**
Aerosmith
- Only You (And You Alone)**
The Platters
- FREEDOM**
Jon Batiste
- Do You Believe In Magic?**
The Lovin' Spoonful
- This**
Darius Rucker
- Friendship**
Chris Stapleton
- We Are Family**
Sister Sledge
- Let's Do This**
Outskrts
- Hall of Fame (feat. will.i...**
The Script
- Oh, What A Beautiful M...**
Frank Sinatra

- Unstoppable**
Sia
- The Best**
Tina Turner
- Don't Stop Believin' (20...**
Journey
- Get Together**
The Youngbloods
- Here I Go Again '87**
Whitesnake
- Imagine**
John Lennon
- Fire On the Mountain**
Grateful Dead
- Get the Party Started**
P!nk
- Peace, Love and Happin...**
G. Love & Special Sauce
- When the Levee Breaks**
Led Zeppelin
- CAN'T STOP THE FEELI...**
Justin Timberlake

- Satellite**
Dave Matthews Band
- The Girl from Ipanema (**
Stan Getz & João Gilberto
- Lighthouse**
Calum Scott

UPCOMING EVENTS

CALENDAR | ROTARY INTERNATIONAL DISTRICT 5130



Rotary
District 5130

KRISTINE REDKO
DISTRICT GOVERNOR

2025-2026
Rotary Club of Sonoma
Mountain Twilight
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